

Maple Grove Women of Today

Volume 1, Issue 8

March 2009

Events of Interest:

- April 3 Area Meeting, 6 p.m. Valley of Peace Lutheran, Golden Valley
- April 7 Book Club, 7 p.m. Barnes & Noble, MG
- April 13 Board Meeting, 7 p.m. Byerly's MG
- April 20 General Membership Meeting, 7 p.m. MG Community Center
- April 23 District 11 Meeting (pg. 2)
- April 30 Year-End Banquet-10 year Anniversary Party TBD

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Chapter Highlights

Hello from the President!

I wanted to take this opportunity to thank everyone for a great year in the Maple Grove chapter of MN Women of Today. We have had two very successful craft shows, despite the economy, and have enjoyed many rewarding volunteer opportunities. I have thoroughly enjoyed serving as the 2008-2009 President and look forward to all we do in 2009-2010.

I am so proud to say I am a member of this great chapter!

Thank you all!

Wendy Tindall

2009-2010 Officers:

President:	Clair Stangle
Programming	
Vice President:	Sue Jammes
Treasurer:	Laurie Hoffman
Secretary:	Diane Kjelland
State Delegate:	Bonnie Marten
Craft Show Coordinator:	Angie Frassel
Membership	
Vice President:	Open

Members Volunteer at Crisis Nursery

On March 14th, Sue Payne, Cindy Karels, Sue Jammes, and Angie Frassel (pictured from left to right) went to The Greater Minneapolis Crisis Nursery where they prepared a meal and served it to the children and staff. They visited with the staff and children while serving the meal of Turkey Joes, grapes, bananas, gold fish crackers, and milk. See page 4 for more.



“Denim & Diamonds” is the theme for District 11 meeting



District 11 Spring Meeting April 23

As a member of Maple Grove Women of Today, you are also a member of district 11.

The Spring meeting is scheduled for April 23 at St. Andrew Church, Room 207 at 13600 Technology Drive in Eden Prairie. Dinner of salads, breads and desserts

begins at 6:00 p.m. with the meeting following at 7:00 p.m. The cost is \$7 for dinner and meeting or \$1 for meeting only.

Please come dressed in your favorite denim and wear your favorite sparkles...real diamonds not required!

Sue Jammes and Wendy Tindall are serving on the District 11 Board of Directors this year. And, Wendy also serves as Newsletter Editor.

Contact our State Delegate, Cindy at cck8316@aol.com if you plan to attend.

Crop for a Cause

Brooklyn Park
Women of Today

The Brooklyn Park Women of Today present Crop for a Cause, a two day, twelve hour scrapbooking or crafting event. Proceeds from this event are directed to: the American Heart Association, Go Red Campaign, www.goredforwomen.org; and the Brooklyn Park Meals on Wheels program.

When: April 17 & 18
Friday 6-9 p.m.

Saturday 9 a.m.—6 p.m.
Location: Grace Fellowship Church
8601 101st Avenue
Brooklyn Park

Cost: \$40/person (includes lunch Saturday, snacks and beverages Friday and Saturday.

Make checks payable to BPWT-Crop for a Cause
Send name, address, phone and e-mail address along with check to:

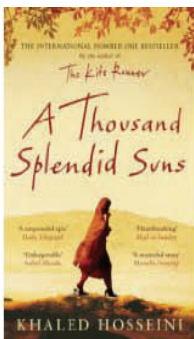
% Jackie Sticha
4240 Zenith Avenue South
Robbinsdale, MN 55422

More information from sticha4@msn.com



Spotlight on Member Clair Stangle

Clair recently moved to Maple Grove in the fall of 2008. She currently works as an Account Specialist for the Cerner company in Minneapolis. Clair's hobbies include yoga, golf, shopping and reading when she has the chance. She has aspirations of going back to school to obtain a masters degree in Applied Behavioral Analysis.



Book Club—A thousand Splendid Suns

The first Maple Grove Women of Today book club is scheduled for Tuesday April 7 at Barnes and Noble in Maple Grove. All are welcome to attend, whether you get a chance to read the book or not. This month's selection is *A Thousand Splendid Suns* by Khaled Hosseini, author of *The Kite Runner*.

In a breathtaking story set against the volatile events of Afghanistan's last 30 years—from the Soviet invasion to the reign of the Taliban to post-Taliban rebuilding—that puts the violence, fear, hope, and faith of this country in intimate, human terms. It is a tale of two generations of characters brought jarringly together by the tragic sweep of war.

TreeHouse—bringing hope to hurting youth



Building **HEALTHY RELATIONSHIPS**
with youth and families in conflict

Recently Lisa Stordahl, Director of Community Giving at TreeHouse visited our chapter. Lisa is also a MN Women of Today District Director. This article is for those who missed that meeting. Our chapter hopes to determine a way that we can assist TreeHouse in the near future.

TreeHouse's mission is **to bring hope to hurting youth and families leading to life transformation.** TreeHouse is a faith based, non-profit organization offering hope and guidance to hurting teens, alumni, and parents during difficult times. Participants see TreeHouse as a safe place to be real about the pain in their lives that is causing them to think and act out in destructive ways. TreeHouse is a place to have fun, meet friends, discover faith, overcome that pain, serve others, and be empowered by staff to succeed.

TreeHouse serves over 1300 teens annually who are experiencing difficulties at home, in school, or in their communities. TreeHouse also has a program specifically for parents that provides support, education, family mediations, and re-treats.

TreeHouse staff members build **relationships** and equip youth with skills to cope and grow in a complex world. Staff members are trained to facilitate small groups. Tuesday evening **support groups** allow kids to share their feelings about what is currently happening in their lives.

TreeHouse uses a multidimensional approach in working with teens that includes social, emotional, cognitive, physical, and spiritual elements. Asset development is key to the life-changing work of TreeHouse. TreeHouse's **TeenHope** curriculum targets 19 of the 40 assets identified by Search Institute as vital to youth development.

Youth discover their individual abilities through local, national, and international **service projects.**

Locations: Currently there are TreeHouse facilities in the Minnesota communities of Bloomington, Brooklyn Park, Chaska, Minnetonka, New Hope and Plymouth/Wayzata

Every day in America:

5 teens commit suicide, but 1400 attempt suicide.

15,000 teens use drugs for the first time.

2261 high school students drop out

April Birthdays

Angie Lommen
April 1

Lorie Graupmann
April 14

Janica Jammes
April 16



Recipe Corner — Bird's Nest Cookies

Ingredients:

- 1 bag M&M'S® Brand Milk, Peanut, Almond or Crispy Chocolate Candies for Easter
- 2 sticks butter or margarine, softened
- 1/2 cup granulated sugar
- 1 large egg
- 1/2 teaspoon vanilla extract
- 2 cups all-purpose flour
- 3/4 teaspoon salt
- 1 1/3 cups flaked coconut



For directions go to: <http://www.m-ms.com/us/baking/recipes/cookies/recipe.jsp?id=20>

Please submit your favorite recipe for publishing in the April newsletter.

MAPLE GROVE WOMEN OF TODAY CHAPTER

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About Us

The Maple Grove Women of Today is part of [District 11](#), the [Minnesota Women of Today](#), and the [United States Women of Today](#). We hope you enjoy learning more about our organization through our Web site. We meet the third Monday of every month (except December) at the Maple Grove Community Center.

The Maple Grove Women of Today is a dynamic and diverse women's organization interested in the betterment of our community. We are not politically or religiously affiliated. We are women from various backgrounds, communities, and life experiences. We are working women, homemakers, mothers, grandmothers, married and single women. We are women who want to make our communities a better place for all to live.

We volunteer our time, raise funds for charities, and provide informational seminars that are open to the public. Our members choose the projects they want to participate in, given their interest and time availability. Members can be as involved as they want to be. Most group events take place in the evenings or on weekends. We are also interested in bettering ourselves and having fun. We have speakers attend our meetings, challenge ourselves to improve our communication skills, gather to develop new talents and plan social events. The wide range of opportunities that Women of Today offers is one of the elements that make it unique. There is something for every woman and new ideas are always welcome.

We welcome you to attend a meeting and join our organization.

Greater Minneapolis Crisis Nursery

Invest in a child's life: volunteer

(submitted by Sue Jammes)

The Greater Minneapolis Crisis Nursery works in partnership with parents in crisis and the community to strengthen families and prevent child abuse and neglect.

To become a volunteer; Attend a general tour of the Nursery to see one of the shelters and learn first hand about the mission and program; Call the Volunteer Services Manager at 763-226-2062 to discuss your interests; complete an application. That's all it takes. For Child Care volunteers, a 45-minute interview, reference and background checks are required.

Onsite volunteering opportunities:

Child Care
Cook for Kids (Women
of Today)
Enrichment Activity
Office Support
Service Day

Critical Nursery Needs include Infant Formula for 0 to 12 months; clothing and shoes, personal care items, hair care, office supplies and gift cards to Target, Cub Foods, Gas Cards, Costco and Babies R Us. For a more specific list of items, please see Sue Jammes.

Golden Valley Shelter and Administrative Offices;
5400 Glenwood Avenue
Golden Valley, Mn 55422
763-591-0400

www.crisisnursery.org



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of Today Newsletter
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Submit articles to
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