



Events of Interest:

- Sept. 8 Board Meeting, 7 p.m.**
- Sept. 15 General Meeting, 7 p.m. Maple Grove Community Center**
- Sept. 25 8-9:30 p.m. Feed My Starving Children, Brooklyn Park**
- Sept. 27 Craft Show Flyer Distribution Event**
- Oct. 11 Fall Craft Show Maple Grove Community Center**

Inside Highlights

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Maple Grove Women of Today Help Sponsor Relay for Life Event – Wendy Tindall



The Maple Grove Women of Today donated time and money to the American Cancer Society Relay for Life Event held on August 8th and 9th, 2008 at the Osseo High School Stadium. Members sponsored the event by donating \$2,500 (Bronze club) and formed a team to

walk in remembrance of cancer victims and in support of cancer survivors. The team was named “Martha’s Marchers” in memory of Martha Reborn, a former member who passed away from cancer in early 2008. Martha’s Marchers raised \$1,200 dollars for the event and also contributed several items for the Silent Auction. The Maple Grove Relay for Life event met its fundraising goal of \$68,000. Women

of Today Members participating in the Relay for Life in Maple Grove were; Wendy Tindall (Team Captain), and teammates Angie Lommen, Linda Lawson, Angie Frassel, Cindy Karels, Sue Payne, Bonnie Marten, Sue Jammes, and Katina Dillon. Leslie Byzewski and other members contributed as well by making monetary donations.

Minnesota Women of Today Summer Awards Update – Cindy Karels

At the recent Minnesota Women of Today convention, Maple Grove Women of Today received awards for the following: 100% retention in 3rd quarter, growth in the 3rd quarter, and year end growth. Maple Grove Women of Today member, Sue Jammes received a certificate for taking both a personal enrichment

and a team building course. At the business meeting, members heard presentations from three potential new projects: Shriners' Hospitals for Children; Hearing and Service Dogs of Minnesota; and Cheerful Givers. Chapters will review information on all three of these charitable organizations and a vote will be taken at

Fall State in St. Cloud. An important piece of business at the meeting was the unanimous vote to cancel the summer convention from this point forward.





Lorie Lens Photography raising money for Operation Smiles

Lorie Lens Photography is Partnering with Professional Photographers of America to help raise money for Operation Smiles.

October is "Family Month" and during that time any donation of \$25 or more you will receive a free 16x20 or you

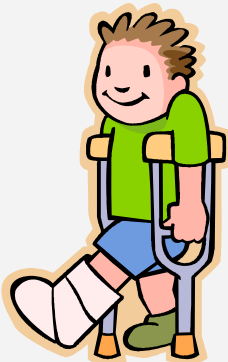
can choose 25 free holiday cards.

Operation Smiles is an organization that helps children who were born with cleft palates or any other facial deformities.

Celebrate your family and help a child at the same time.

Operation Smiles Mission:

Throughout the world, Operation Smile volunteers repair childhood facial deformities while building public and private partnerships that advocate for sustainable healthcare systems for children and families. Together, we create smiles, change lives, and heal humanity.



Sign a Cast – Help a Child

When you "sign a cast," a friend of **CURE International** will donate \$5 to help a child and also register you to win a trip to the Dominican Republic with radio host, Dennis Prager. Log on to <http://www.helpcuren.org/> to sign the cast.

CURE International focuses on the 100 million children in developing countries who can be cured — and cured completely. CURE helps the kids with Hydrocephalus, Cleft Palate, Clubfoot, Spina Bifida and other spinal deformities, and crippling orthopedic conditions. 450,000 children have already had their lives transformed by CURE... and their families have experienced equally miraculous

transformations.

CURE International is a Christian nonprofit organization whose mission statement is to transform the lives of disabled children and their families in the developing world through medical and spiritual healing, serving all by establishing specialty teaching hospitals, building partnerships, and advocating for these children.

Collect Pennies, Magazines, Pajamas – Bring to September Meeting

Save Your Pennies

District 11 Women of Today will sponsor a district-wide penny wars to be donated to the Jacob Wetterling Foundation. Save your pennies.

Pajama Collection

District 11 is collecting new pajamas for newborn to 18 year olds for the Buckets of Sunshine Project. Watch for a sale and pick up a pair or two.

Civic Awareness – Angie Frassel

Don't throw out your magazines. Save them for the magazine, puzzle and book collection for troops in the VA hospital, this fall.

Celebrate, Remember, Fight Back - Relay for Life Theme – Bonnie Marten

This year's theme for Relay for Life was celebrate, remember, and fight back. Relay for Life began twenty years ago and to date has raised over three million dollars nationwide. Last year's goal for Maple Grove Relay for Life was \$61,000, which they exceeded. The aggressive 2008 goal was \$68,000. Thirty teams were introduced during the opening ceremony.

At the Lighting of the Luminaria ceremony at dusk, Joann Cross represented cancer survivors as she read about HOPE. As she read, volunteers lit the luminaria bags set up in the grandstand that created the giant letters, HOPE. The H in HOPE stands for Honor. Cancer survivors embrace hope with the belief that it is obtainable. It is the light at the end of the tunnel. Hope is obtainable

and believable and feeds your soul. The O in HOPE stands for one day at a time. A day is a gift that is yours. Live it as if it will never come your way again. The P in HOPE is for programs that make a cure attainable—with the help of people such as those in the audience, dedicated to finding a cause and a cure. The E in HOPE ends the word, but is not the end, but rather the beginning of what we hold in our hearts. We learn from each other and one day we will discover hope is each of us together united in a fight to find a cure. The hope we have will put an end to a search for a cure—cancer will end for all of us. She ended her presentation with the quote: "It is better to light a candle than to curse the darkness."



"Take it one day at a time and say I love you a lot."

Caregiver Perspective

A speaker representing caregivers talked about how the caregiver is sometimes pushed to the sidelines with sympathy going to the family member who is fighting cancer. The caregiver does the heavy lifting with little time to adjust to the grief they are feeling or to care for themselves. Caregivers need physical and emotional support. Since they are a caregiver 24/7, they can use our help. They need time to build additional memories, take it one day at a time, and say I love you a lot.

Honorary Survivor's Story

Tami Odenthal, Honorary Survivor, told her story during the luminaria ceremony. She is a 10-year breast cancer survivor, who at 38 years old was diagnosed for a second time. Cancer is now in her liver and lungs and her doctor told her that there is no chance of remission, so she has undergone chemotherapy every week for the past five years. Her words of wisdom were to appreciate the little things in life. Life is good. The journey is long, but life goes on after cancer.

American Cancer Society I Can Fight Back by...

- Eating right and getting active
- Recruiting another volunteer
- Joining American Cancer Society CAN www.acscan.org
- Getting a mammogram
- Wearing sunscreen
- Quitting tobacco
- Getting screened for colon cancer
- Learning my cancer risk factors
- Becoming a legislative Ambassador
- Helping a patient during their treatment
- Urging congress to increase cancer funding
- Urging congress to expand access to health care

Focus on Priority Project Contenders

(Part one of a three part series, source <http://www.hsdm.org>)

Chapters will be voting at Fall State on our next three-year priority project. This month's article highlights the Hearing and Service Dogs of Minnesota.

Hearing and Service Dogs of Minnesota is dedicated to enhancing the quality of life for people who are deaf, hard of hearing or disabled by creating mutually beneficial partnerships with specially trained dogs. The organization envisions a future in which every person who needs and wants an assistance dog can have one.

Hearing and Service Dogs of Minnesota works with individuals who are deaf, hard-of-hearing or physically disabled, pairing them with dogs specially trained to alert them to important sounds or assist them in the activities of daily living. In general, these animals are referred to as *Assistance Dogs*.

Incorporated in 1987, Hearing and Service Dogs of Minnesota initially provided services for deaf clients only. In 1995, programs were expanded to serve people with physical disabilities. In 2006, their service area was increased to include Wisconsin, North

and South Dakota, Iowa, Missouri, and parts of Illinois. In 2007, the Autism Assist Dog program was created to help young children with autism and their families.

All assistance dogs are provided to the client at no charge. Nearly 50 percent of Assistance Dogs are obtained through local animal shelters. \$5000 sponsors a Hearing Dog and \$10,000 sponsors a Service Dog. Hearing and Service Dogs of Minnesota has a staff of nine full time employees; six part time employees and 20 field trainers. Volunteers number 11 Board Members; 44 puppy raisers, and over 200 total volunteers.



Hearing and Service Dogs of Minnesota is one of three possible contenders for Women of Today's next 3-year Priority Project.

Baby News

We have been waiting for the news. Alison H. had a baby boy. His name is Edward Patrick and he was born on July 25th at 11 p.m. He was 7 pounds, 4 ounces and 21 inches long. He has already grown a lot and has a very healthy appetite and very, very strong vocal cords. His nickname is Eddie.



Wear Your Name Tag

Since we often have guests at our meetings, please get into the habit of wearing your name tag. It sets a professional tone for our meetings. One trick to help you remember is to store your name tag in your car or purse.

Book Women Magazine

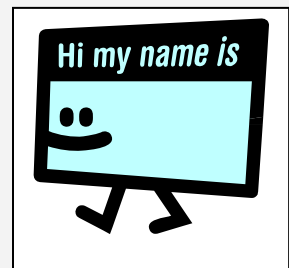
Here is a magazine of interest to book lovers. The magazine is dedicated to

- Building a community

of readers

- Celebrating the joys of living with books
- Exploring the place of books and reading in women's lives
- Spreading the word about women writers and their work
- Supporting independent booksellers and publishers

Sample copies are available. A one year subscription is \$29. Call 651 646-3968 x303 for more information.



Maple Grove Women of Today 2008-09 Officers

President: Wendy Tindall
Membership VP: Sue Jammes
Secretary: Sue Payne
Treasurer: Cheryl Heesch
State Delegate: Cindy Karels
Internal/External Programming:
 Leslie Byzewski
Craft Fair: Sue Jammes, Angie
 Frassel



October is Breast Cancer Awareness Month

Schedule your screening mammogram each year after age 40 (a baseline mammogram is suggested earlier if you have a family history of breast cancer).

2008—09 State Women of Today Dates:

Sept. 21-27 Women of Today Week

Oct. 10-11 Women's Wellness Retreat

Oct. 11-12 President/State Delegate Retreat

November 21-23: Fall

State, St. Cloud

Feb. 20-22 Winter State, St. Louis Park

May 15-17: Annual Convention, Duluth

District 11 News

Next District 11 Meeting: October 23, Richfield

Oct. 25 Cooper High School Craft Fair hosted by New Hope Chapter

Recipe Corner: Turkey Pasta Salad with Dried Cherries— Cheryl Heesch

1 lb. cooked rotini	4 diced celery stalks	2 T. champagne vinegar	ingredients. Add to salad.
3/4 cup cooked, diced turkey breast or chicken	1 c. whole toasted almonds	2 T cold water	
1/2 lb. dried cherries	Dressing	2 T. poppy seeds	Please submit your favorite recipe for publication in the October Newsletter.
1 med. yellow onion, chopped	2 c. mayo	2 tsp. kosher salt	
	1/4 c. powdered sugar	2 tsp. black pepper	
	2 T. Dijon mustard	Mix vinegar and sugar first, than add rest of	

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*Service, Growth,
Fellowship*

About Our Organization

The Maple Grove Women of Today is part of [District 11](#), the [Minnesota Women of Today](#), and the [United States Women of Today](#). We hope you enjoy learning more about our organization through our Web site. We meet the third Monday of every month (except December) at the Maple Grove Community Center.

The Maple Grove Women of Today is a dynamic and diverse women's organization interested in the betterment of our community. We are not politically or religiously affiliated. We are women from various backgrounds, communities, and life experiences. We are working women, homemakers, mothers, grandmothers,

married and single women. We are women who want to make our communities a better place for all to live. We volunteer our time, raise funds for charities, and provide informational seminars that are open to the public. We welcome you to attend a meeting and join our organization.

Women of Today Creed

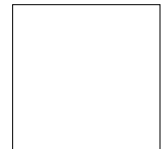
Minnesota Women of Today Creed

We, the Women of Today, are service, growth and fellowship. We believe that

through us great lessons can be learned, worthy deeds performed and a hand of fellowship extended to millions of women everywhere. May we leave the world a better place because we have lived and served within it.

Submit articles to
Bonnie at bmarten@embarqmail.com

MAPLE GROVE WOMEN OF TODAY
P.O. Box 1482
Maple Grove, MN 55311



MEMBER NAME
STREET ADDRESS
ADDRESS 2
CITY, ST ZIP CODE



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